















## **Advocating for Your Black Child**

## for Black Caregivers of Black Youth

Advocating for Your Black Child (A4YBC) is a free, 8-week psycho-education series held online for Black parents and caregivers of Black children & youth (Elementary - High school) living with Mental Health, Neurological and/or Learning Differences. Advocating for Your Black Child (A4YBC) is offered in a virtual group setting so that you can safely and confidently connect with other Black Parents.

Each A4YBC cohort provides critical information & strategies created specifically with the Black family in mind. The A4YBC curriculum provides a wealth of practical resources throughout the series. It was designed specifically to support the Black family in navigating school, political and social systems for your child.

Certificates of Attendance distributed when previously arranged.

## Topics covered include:

- Accessing the appropriate academic services & support for your child within the public school system
- Systemic Racism and navigating White spaces
- Learning about Behavioral Health and Neurological Differences
- Social Emotional Learning (SEL)
- Utilizing community resources
- Obstacles to effective parenting
- Modern Medicine and Black Bodies

Free Online Class.

Register at

www.namisf.org/classes



Space is limited.

The course is taught by trained clinical & health professionals and those with lived experiences — who understand what you're going through because they've been there.

September 12, 2024 - November 7, 2024 Thursdays 6 - 8 pm

For more information please contact: